

ACTIVITY REPORT (2024-25)

Title of the event: Activity on Self-Defense.

Type of Event: Workshop

Date: 26 September, 2024

Venue: Ojas Hall, IIS (deemed to be) University

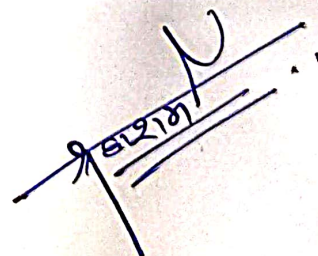
Organized by: IISU Internal Complaints Committee and
Department of Sociology and Social Work

Activity Coordinator: Ms. Shraddha Sharma

No. of Participants/Beneficiaries: 29

Objective of the Event:

- To provide women with self-defense tools.
- To create awareness regarding safety.



Summary:

IISU internal Complaints Committee and Department of Sociology and Social Works organized a workshop for women empowerment by "Beti Suraksha", a venture capital-backed start-up dedicated to empowering women and providing them with self-defense tools. The presenters engaged us with an insightful presentation that underscored the importance of safety for women. We were asked to fill out a brief survey consisting of 10 questions, which helped initiate a discussion around personal safety and the need for accessible self-defense tools.

During the presentation, the speakers highlighted the growing necessity for women to equip themselves with practical means of protection, especially in today's world. As part of their mission, they set up a stall on our college campus, offering their flagship pepper spray at an incredibly reasonable price, making it accessible to students. Their commitment to empowering women resonated with everyone in attendance, and their efforts to make safety tools affordable were greatly appreciated.

Outcomes of the Event:

- The responsibility for women's safety lies as much with women themselves, in being self-aware and empowered, as it does with society.